

	Part Number	Valve Timing	Valve LIR	Valve Clearance	Fall LIR ATDC LIR/BTDC LIR	Valve LIR at TDC Inlet / Exhaust
FORD	HR255	19/57 57/19	.380/.380	.019/.021	109/109	.048/.046
ESCORT	HR270	26/62 62/26	.411/.410	.015/.016	108/108	.055/.054
1.3/1.6	HR270/2	22/70 62/28	.415/.400	.012/.014	112/106	.039/.045
X/FLOW	HR285	36/72 72/36	.420/.420	.016/.016	108/108	.093/.093
	HR285/2	34/76 58/34	.440/.425	.012/.012	108/102	.075/.062
FORD	HR300	54/86 86/54	.420/.419	.015/.016	106/106	.153/.152
ESCORT	HR300/2	46/78 78/46	.450/.450	.012/.012	104/104	.157/.157
1.3/1.6	HR320	54/82 84/54	.472/.472	.018/.019	104/104	.174/.174
X/FLOW	HR320/2	60/88 88/60	.500/.500	.016/.017	102/102	.199/.199
	HR330	54/78 78/54	.490/.490	.015/.017	102/102	.190/.190
FORD	HR255	22/66 66/22	.390/.388	.008/.010	111/111	
RS2000	HR270	24/64 64/22	.422/.422	.008/.008	110/110	
1.6/2.0L	HR270/2	34/54 59/39	.425/.425	.008/.008	100/100	.080/.080
	HR285	33/71 71/33	.425/.425	.010/.012	109/109	
	HR285/2	25/73 81/29	.466/.466	.008/.010	107/105	.052/.080
	HR300	46/86 86/46	.410/.410	.008/.010	110/110	.130/.130
	HR300/2	39/73 73/39	.470/.470	.012/.012	107/107	
	HR320	46/82 78/50	.444/.443	.008/.010	108/104	
	HR320/2	57/85 85/57	.528/.528	.014/.014	104/104	
	HR330	56/86 96/46	.520/.520	.008/.010	105/110	